

OVERVIEW OF METP COURSES



METP 101: KNOWING AND LOVING GOD

Course Description:

This course serves as the foundation upon which a Christian leader builds their ministry. A basic understanding of the triune God is presented, along with guidance on developing an ever-deepening relationship with Him. The attributes of God the Father, the person and work of Christ the Son, and the ongoing work of the Holy Spirit are outlined, with a strong emphasis on Scripture as the informing source of our knowledge of God. Our identity as human beings in relation to God is also addressed. The significance of loving God is highlighted, with practical suggestions on how to grow in the grace and knowledge of God.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)
 - The key doctrines relating to the triune God; The Father, the Lord Jesus Christ, and the Holy Spirit
 - Who we as human beings are in relation to God
 - The teachings of Jesus and the importance of his death and resurrection.
 - The key Scripture passages which teach these doctrines and how we are to have a relationship with God
- Be able to (hand-equipped)
 - Give a basic description of who God is and our relationship with him as human beings, providing biblical references which support the description
 - List, explain and exercise the spiritual disciplines
 - Explain and demonstrate biblical principles of prayer as the basis for all ministries.
 - Guide people into a deeper understanding of God
- Develop an appreciation and value for (heart-enriched)
 - A growing intimacy with God
 - The importance of drawing on a relationship with God for effective ministry

Subtopics:

- Who God Is
- Humanity—Who We Are in Relation to God
- How We Can Know God
- Experiencing God and Loving God
- God's Story—an Overview of the Bible
- The Attributes and Names of God
- The Trinity
- Jesus, the Son of God
- The Holy Spirit
- Spiritual Disciplines
- Growing in Intimacy with God



METP 102: LEARNING GOD'S WORD

Course Description:

This course offers an overview of how the scriptures were transmitted to us, a concise presentation of God's narrative and His interactions with humankind as outlined in the Bible, and an introduction to biblical interpretation. It emphasizes the significance of scripture as the inspired word of God, serving as a guide for our faith and practice. Best practices for meaningful and ongoing biblical engagement will be demonstrated, with the aim of fostering the spiritual formation of the minister and serving as a resource for preaching and teaching.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - Both the divine and human roles in the writing and transmission of scriptures
 - The main story and message of the Bible
 - The difference between the various genres of biblical writing
 - The key biblical doctrines
- Be able to (hand-equipped)—
 - Provide a coherent overview of the origins of the bible and a summary of its story
 - Study the scripture with increased confidence for personal growth and ministry engagement
 - Prepare a basic presentation of a bible passage for preaching or teaching.
- Develop an appreciation and value for (heart-enriched)—
 - A deep love for the Bible and conviction for its role in the daily life of the believer
 - The illumination of the Holy Spirit for understanding scriptures
 - The importance of appropriate use of Scriptures for authentic ministry

Sub-topics:

- Parts of the Bible
- God's Story
- How We Got the Bible
- Authority and Inspiration of the Bible
- How to Study the Bible
- How to Interpret the Bible
- How to Apply the Bible
- Understanding the Different Biblical Genres
- Summary of Biblical Doctrines



METP 103: CARING FOR GOD'S PEOPLE

Course Description:

This course focuses on how a ministry leader or pastor can provide spiritual care for those they lead. Using the scriptural metaphor of a shepherd leading sheep and the instructions of the apostle Paul to Timothy, we will discuss the importance of being a caring person who puts others first. This will be followed by recommendations for best practices regarding relationship-building, counselling, providing care in times of crisis, mediating conflicts, and developing other caregivers.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - The qualities of a caring shepherd
 - The primary scriptural instructions and examples about caring for God's people
 - The importance of building relationships as a foundation for effective pastoral care
- Be able to (hand-equipped)—
 - Provide basic counselling
 - Respond effectively to various crises in the life of people
 - Resolve or manage conflict in a family or group
 - Be a model for other caregivers
- Develop an appreciation and value for (heart-enriched)—
 - Moving people toward spiritual well-being and healthy relationships
 - Making women and children as a part of ministry focus
 - Being a channel of God's unconditional love for people
 - God's never-ending supply of spiritual resources for those who care for his people

Sub-topics:

- Who are God's People
- Shepherds of God's People in the Old Testament
- Jesus, the Model (Good) Shepherd
- Insight from the Pastoral Letters
- Becoming a Shepherd/Pastor
- Responsibilities of the Shepherd
- Pastoral Ethics
- Pastoral Counseling
- Mediating Conflict
- Being Present in Significant Moments
- Developing Other Caregivers



METP 104: COMMUNICATING GOD'S WORD

Course Description

This course will provide a biblical understanding of preaching and teaching ministry. The emphasis lies in moving from a biblical text to a practical application that assists the hearers in grasping the core message and motivating them to take action. This course integrates principles of effective exegesis, homiletic structure, and communication with the empowerment of the Holy Spirit to inspire passionate and relevant preaching. Best practices for preaching and teaching will be outlined, encouraging students to be mindful of the contexts in which they may share their messages.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - The basic principles which underlie effective preaching and teaching
 - The appropriate use of scripture as the source of sermons and lessons
 - The key elements in the construction of an expository sermon
- Be able to (hand-equipped)—
 - Speak effectively to a group to achieve the intended purpose
 - Craft a sermon message and a bible study for effective communication
 - Assess the hearers and the context where the preaching and teaching occur for maximum impact.
 - Explain how the Bible should relate to and inform culture in their context
- Develop an appreciation and value for (heart-enriched)—
 - Preaching and teaching God's word as a sacred trust to be dispensed to the hearers for spiritual growth
 - The messengers' need of the Holy Spirit's anointing for effective ministry of the word
 - The significance of relevant expository preaching
 - Spending sufficient time in preparation for effective communication of God's word

Sub-topics:

- The Practice of Biblical Exegesis (12 steps)
- The Big Idea
- Moving From the Exegetical to the Homiletical Idea
- Identifying your Sermon Purpose and Listener Needs.
- Structure: How to Outline your Sermon
- Support Material: Illustrations and Examples
- Application: Moving toward Transformation
- Connecting: Your Introduction; Knowing your listeners
- Spoken Communication: Deliver and Present your message



METP 105: MINISTERING IN POWER

Course Description

This course is an introduction to ministry that seeks to understand how to work in the supernatural with legitimate spiritual power to advance the kingdom of God for his glory. The role of prayer and working faith are explored in relation to power ministry. The ministry of Jesus and the apostles is discussed as models of doing ministry that includes expectations of signs and wonders. Prophetic speech, healings, and the diversity of spiritual gifts are presented as various expressions of the working of the Holy Spirit in ministry contexts. The discussions also cover the interventions and non-interventions of God.

(The confrontation with demonic powers is discussed in the companion course to METP 106 Spiritual Warfare.)

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - The biblical and theological basis for power ministry
 - Biblical examples of the miraculous mediated in diverse ways
- Be able to (hand-equipped)—
 - Pray prayers of faith that result in an increase of miracles
 - Function in prophetic speech at some level
 - Discern better the genuineness of supernatural words and works
- Develop an appreciation and value for (heart-enriched)—
 - God's power at work through human agents
 - God's sovereignty in his interventions and non-interventions

Sub-topics:

- The Kingdom of God and Power Ministry
- Prayer Life for Effective Power Ministry
- The Power of the Holy Spirit for Ministry
- Spiritual Gifts in Ministry
- The Basics of Prophetic Ministry
- The Ministry of Healing
- God's Sovereignty in a Power Ministry



METP 106: SPIRITUAL WARFARE

Course Description

In this course, we examine spiritual warfare from a biblical theological perspective. The unseen realm, which encompasses good angelic beings and evil spirit beings, is discussed within the context of God's created order. Spiritual warfare is explained in relation to the Kingdom of God. A model for deliverance from demonic activity is presented. Additionally, a brief overview of strategic-level spiritual warfare is provided.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - The biblical foundations of the unseen realm
 - The concepts surrounding spiritual warfare and the kingdom of God
 - The different levels of spiritual warfare
- Be able to (hand-equipped)—
 - Prepare oneself for spiritual warfare encounters
 - Cast out a demon and minister to a person who has been delivered from demonic oppression or possession
 - Explain how the power of Christ overcomes the devil
- Develop an appreciation and value for (heart-enriched)—
 - The authority that we have as believers in encounters with dark forces
 - God's redemption story and how it to victory over the enemy.

Sub-topics:

- Biblical Foundations: God's Redemption
- Biblical Foundations: The Kingdom of God
- Preparing for Spiritual Warfare
- Dealing with Demonic
- A Model of Deliverance Ministry
- Strategic Level Spiritual Warfare



METP 107: REACHING THE LOST, MAKING DISCIPLES

Course Description

In this course, evangelism and discipleship will be emphasized as the primary activities of the church. The Great Commission to make disciples of all nations will be explained in relation to the specific ministry context of the student. Making disciples will also be framed within the concept of loving our neighbours as ourselves, exploring how evangelism can be effectively integrated with social work and social justice to serve our communities. The process of conversion will be clearly defined regarding entry into the Christian life, and the steps to Christian maturity will be outlined as a component of the discipleship process.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - The biblical mandate for evangelism and discipleship
 - The biblical mandate for neighbour engagement
 - What constitutes a good conversion
 - The growth processes that lead to Christian maturity
- Be able to (hand-equipped)—
 - Guide someone into a good conversion
 - Guide someone into Christian maturity
 - Engage those outside the faith with Christian love in ways appropriate to their situation
 - Train people in evangelism and discipleship
- Develop an appreciation and value for (heart-enriched)—
 - God's love for people who are outside the faith
 - The different contexts that require different methods of outreach
 - The individual journeys of faith that people are on

Sub-topics:

- Biblical Foundations of Evangelism and Disciple-making
- The Spiritual Journey of an Individual
- Engaging the Outsider Community
- Evangelism Attitudes and Habits
- Seven Elements of a Good Conversion
- Disciple-making Attitudes and Habits
- Discipleship Priorities: Christian Character



METP 108: FINANCIAL STEWARDSHIP

Course Description

In this course, we will explore the spiritual and practical aspects of money, finances, wealth, and poverty as they pertain to students' personal lives and ministry concerns. We will provide a survey of how the scriptures address these issues. We will discuss the positive and negative aspects of money in relation to personal and ministry finances. We will emphasize best practices for financial administration. A central theme will be the importance of imitating our heavenly Father by cultivating a generous spirit while also being good stewards.

Learning objectives

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - Biblical teaching on money, finances, wealth, and poverty
 - the dangerous errors of the extreme prosperity gospel teachings and the ways the 'prosperity gospel' is unbiblical and unethical.
 - Basic stewardship principles as they relate to personal finances and church finances
 - The spiritual principles underlying tithes, offerings, and charitable activities
- Be able to (hand-equipped)—
 - Explain to others what scriptures say about money and wealth
 - Improve their management of personal and church finances
 - Discern appropriate personal contribution amounts to ministry and charity.
- Develop an appreciation and value for (heart-enriched)—
 - The spiritual dimension of money and wealth
 - God's provision for every area of life.
 - The importance of a generous spirit

Sub-topics:

- Self-Awareness Concerning Money
- Money and Scripture: – OT 1 (God's Provision)
- Money and Scripture – OT 2 (Human Response)
- Money and Scripture – Gospels
- Money and Scripture – Acts and Epistles
- Money and the Church
- Managing Personal Finances



METP 109: MARRIAGE, FAMILY AND MINISTRY

Course Description

In this course, we will discuss the marriage and family life of the minister in relation to the context and demands of their ministry. We will highlight the importance of a healthy marriage and explore safeguards and best practices that promote marital well-being. Additionally, we will present parenting tips aimed at raising godly children. Best practices for maintaining a healthy balance between ministry and family concerns will be covered. While the primary focus will be on the minister and their family, the concepts will also be shared in a way that can assist individuals in the local churches with marriage and family matters.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - Biblical instruction concerning marriage (and sexual purity)
 - Biblical instruction concerning parenting
 - Management of ministry and family priorities
- Be able to (hand-equipped)—
 - Navigate more effectively through marriage and family issues
 - Help others navigate through marriage and family issues
 - Balance family and ministry concerns
- Develop an appreciation and value for (heart-enriched)—
 - The importance of healthy marriage and family relationships
 - The importance of biblical boundaries relating to physical relationships
 - Family concerns as an important part of ministry
 - The importance of spouses and children in the church

Sub-topics:

- Biblical Understanding of Marriage: Purpose
- Biblical Understanding of Marriage: Priority
- Biblical Understanding of Marriage: Roles and Responsibilities
- Communication and Expectations
- Handling Conflict in Marriage
- Guarding God's Gift: Sex and Purity
- Ministry and Marriage
- Parenting and Boundary Setting



METP 110: LEADING YOURSELF AND OTHERS

Course Description

In this course, the fundamentals of leadership will be presented, starting with a discussion on the practice of self-leadership. We will examine the minister's calling and the unique gifts they bring to the ministry context. The essence of servant leadership will be described based on the leadership model of Jesus. Acknowledging the students' gifts will enable them to identify their appropriate place in ministry alongside others. The spiritual disciplines that promote the development of authentic, transformational, servant leadership attitudes will be explored. Best practices for leading others will be highlighted to prepare students for leadership roles in their respective contexts.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - Key biblical doctrines concerning spiritual gifts and calling
 - The concept of individual giftedness sets: natural abilities, acquired skills, and spiritual gifts
 - The biblical principles of servant leadership
 - the difference between the gifts of the spirit and the fruit of the spirit.
- Be able to (hand-equipped)—
 - Discern their own giftedness set and to some degree that of others
 - Find their place in ministry alongside others
 - Demonstrate Christlike servant leadership.
- Develop an appreciation and value for (heart-enriched)—
 - The gifts that God has deposited within them
 - The importance of godly virtue for leaders
 - The importance of process and careful reflection in leading a group of people

Sub-topics:

- Definition of Servant Leadership
- Gifted to Serve as a Leader
- Character and Virtues of a Leader
- Leading Yourself: Becoming a Leader Others Want to Follow
- Leading Others: Mastering Basic Principles of Leadership



METP 111: BUILDING COMMUNITIES OF FAITH

Course Description

In this course, the focus will be on church planting and organizational leadership. It will explore how those who have come to faith can be built into sustainable and missional communities of faith (i.e., a local church). We will discuss the principles of transitioning from organism to organization, considering the student's ministry context. A brief discussion on congregational dynamics will provide basic guidelines for navigating conflicts. Additionally, we will explore ways to enhance the corporate worship experience. The principle of excellence in leading a congregation will be a recurring theme.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - The biblical concept of the church as a regularly gathered community
 - Basic principles of organizational leadership
 - The dynamics of a corporate gathering
- Be able to (hand-equipped)—
 - Lead a group of people towards becoming a viable corporate entity
 - Design and lead an inspiring worship service
 - Sustain a regular gathering of a local church through planning and implementation
 - Develop a small group ministry within a larger church community
- Develop an appreciation and value for (heart-enriched)—
 - The gathered people of God
 - The increased level of leadership competency required for consistent regular gatherings of those who work alongside the leader to plant, sustain, and grow a church.

Sub-topics:

- Biblical Foundations of the Local Church
- Organizing Principles of a Church Plant
- Practical Principles of Church Growth and Multiplication
- Creating the Environment for a Great Commission Church
- Planning and Creating Inspiring Worship Gatherings
- Building Your Church Through Small Groups
- Doing Ministry and Building Community with Technology



METP 112: DEVELOPING CHRISTIAN LEADERS

Course Description

This course will concentrate on the mentoring role that ministry leaders play in cultivating emerging leaders. Intentional mentoring relationships will be discussed based on Jesus' mentoring model as he equipped his disciples. The traits of an exceptional mentor and the skills necessary for effective mentoring will be outlined. Best practices for initiating, maintaining, and concluding a mentoring relationship will be presented. Some potential roles of the mentor in their engagement with the mentee will also be defined.

Learning objectives:

As a result of participating in this course, it is expected that the student will:

- Know and understand (head-educated)—
 - What an intentional mentoring relationship is
 - The biblical foundations of mentoring
 - The characteristics of an excellent mentor
- Be able to (hand-equipped)—
 - Initiate and sustain an ongoing mentoring relationship
 - Engage a mentee in purposeful mentoring conversations
 - Play the appropriate roles that a mentor functions in as the situation requires
 - Train and mentor others into various aspects of church ministry
- Develop an appreciation and value for (heart-enriched)—
 - God's work in the lives of others and participating in that work
 - Developing others in the ministry to which God is calling them
 - The privilege of investing in others for the kingdom of God

Sub-topics:

- What is Mentoring and Why is it Important
- Engage and Develop Others
- Biblical Foundations of Ministry Mentoring
- Mentoring Activities
- Mentoring Attitudes
- Mentee Awareness and Mentoring Agenda
- The Mentoring Agreement
- A Mentoring Culture

APPENDIX--METP Student Learning Outcomes

The GlobalEd Institute has incorporated the Re-Forma global standards for nonformal ministry training into the Ministry Essential Training Program courses. Students at METP locations where facilitators evaluate them based on the Re-Forma learning outcome standards are eligible to receive the Re-Forma certificate, which is endorsed by the World Evangelical Alliance (WEA). Learning outcome assessments allow us to determine how effectively students have acquired what they need for ministry: Have they learned the essential biblical and theological knowledge? Can they demonstrate basic ministry skills? Do they possess the right attitude required for ministry?

Students should be able to...	
METP 101 KNOWING AND LOVING GOD	
SLO 1.	Summarise at least 5 major teachings of Jesus. (RFO 2.3) ¹
SLO 2.	Explain the importance of the death and resurrection of Jesus. (RFO 2.4)
SLO 3.	List, explain and exercise the spiritual disciplines. (RFO 1.2)
SLO 4.	Explain why having an intimate relationship with God is essential and describe how you cultivate that in your life.
METP 102 LEARNING GOD'S WORD	
SLO 5.	Describe the 'big story' of the whole Bible with Jesus at the centre of God's plan of salvation. (RFO 2.1)
SLO 6.	Explain how the bible came to us and how that gives us confidence to use it as God's Word for us.
SLO 7.	Introduce 3 books of each type of genre in the Bible by identifying the author, period, purpose, and type of writing. (RFO 2.2)
SLO 8.	Believe, explain and practise the key biblical doctrines. (RFO 2.7)
METP 103 CARING FOR GOD'S PEOPLE	
SLO 9.	Demonstrate compassion, hospitality and forgiveness in all relationships (including with people who have special needs) (RFO 4.2).
SLO 10.	Explain how Jesus' attitude towards women and children should change the church. (RFO 1.6)
SLO 11.	Involve themselves in ministry to, with and by children and youth (RFO 4.5).
SLO 12.	Apply biblically ethical principles to relationships within the church or ministry. (RFO 1.5)
SLO 13.	Help a couple prepare for their marriage. (RFO 4.4)
SLO 14.	Comfort and assist others in times of crisis (namely death, marital problems, illness, conflict resolution, etc.) (RFO 4.3)
METP 104 COMMUNICATING GOD'S WORD	
SLO 15.	Prepare and preach or teach God's Word effectively. (RFO 2.6)
SLO 16.	Explain how the Bible should relate to and inform culture in their context. (RFO 3.6)
METP 105 MINISTERING IN POWER	
SLO 17.	Describe 5 main events in the book of Acts. (RFO 2.5)
SLO 18.	Explain and demonstrate 5 key, biblical principles of prayer as the basis for all ministries. (RFO 1.3)
SLO 19.	Identify at least three spiritual gifts that you may have and describe how God has used you in those gifts.
SLO 20.	Explain the biblical basis for a healing ministry in evangelism and in the church.
METP 106 SPIRITUAL WARFARE	
SLO 21.	Explain the biblical foundation for spiritual warfare in relation to redemption and the kingdom of God.
SLO 22.	Explain how the power of Christ overcomes the lust of the flesh, the world, and the devil. (RFO 1.11)
SLO 23.	Explain the New Testament examples of deliverance ministry and how they apply in your ministry context.

¹ RFO x.x numbers refer to the 37 Re-Forma outcomes. METP has an additional 11 for a total of 48 outcomes.

METP 107 REACHING THE LOST, MAKING DISCIPLES	
SLO 24.	Mentor at least one person in a specific form of evangelism or mission. (RFO 3.3)
SLO 25.	Explain how they would implement Jesus' model of making disciples. (RFO 3.4)
SLO 26.	Motivate and mobilise others for the mission of God. (RFO 3.2)
SLO 27.	Demonstrate the superiority of the biblical worldview to alternative worldviews in their context. (RFO 2.9)
SLO 28.	Effectively share the gospel with family, friends and strangers. (RFO 3.1)
METP 108 FINANCIAL STEWARDSHIP	
SLO 29.	Explain in what ways the "prosperity gospel" is unbiblical and unethical. (RFO 2.8)
SLO 30.	Explain the biblical basis for stewardship regarding time, abilities, resources, and creation. (RFO 1.7)
SLO 31.	Explain the biblical basis for having a generous spirit toward the poor and toward the support of ministry.
SLO 32.	Describe your personal experience relating to wealth and poverty and how the bible leads you to a healthy understanding.
METP 109 MARRIAGE, FAMILY AND MINISTRY	
SLO 33.	Describe the roles of husbands and wives in nurturing faithfulness and love in marriage and family. (RFO 4.6)
SLO 34.	Resolve conflicts in relationships. (RFO 4.8)
SLO 35.	Describe the impact of absentee fathers. (RFO 4.7)
METP 110 LEADING YOURSELF AND OTHERS	
SLO 36.	Bear the fruit of the Spirit in all areas of life and practise humility, integrity and simplicity. (RFO 1.1)
SLO 37.	Demonstrate Christlike servant leadership. (RFO 4.1)
SLO 38.	Describe the balance between the importance of both results and relationships in leadership practice.
METP 111 BUILDING COMMUNITIES OF FAITH	
SLO 39.	Describe the importance of the church. (RFO 1.8)
SLO 40.	Describe 3 important events, each from a different period in the history of the Church. (RFO 2.10)
SLO 41.	Describe the historical roots of their denomination (or church movement). (RFO 2.11)
SLO 42.	Explain the biblical basis for the sacraments/ordinances, especially baptism and the Lord's Supper. (RFO 1.9)
SLO 43.	Outline the principles of personal and corporate worship and describe how to practise them as a lifestyle. (RFO 1.4)
SLO 44.	Explain how to organize and administrate a church or ministry with excellence and integrity. (RFO 1.10)
SLO 45.	Purposefully use technology and social media for ministry. (RFO 3.7)
METP 112 DEVELOPING CHRISTIAN LEADERS	
SLO 46.	Identify and train at least 3 others to serve in some form of church ministry. (RFO 3.5)
SLO 47.	Explain the biblical foundations of mentoring, giving some biblical examples.
SLO 48.	Explain the importance of a mentoring culture in a church ministry.